"A decadently tranquil world..."
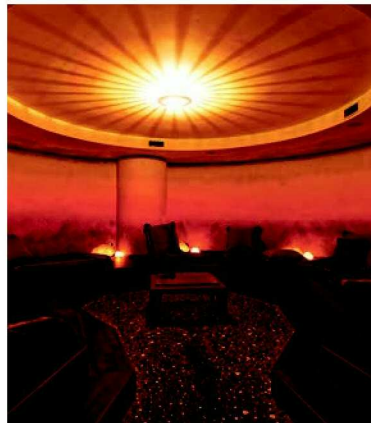
**LEFAY RESORT & SPA
VERONA**
Eco luxury spa
From €290
hotels.easyJet.com

THE FIRST THING TO do is take your clothes off. Not in a sordid way: just to put on swimming gear and fluffy white towelling robe, so you can shuffle from one ludicrously luxurious spot to another. Starting – of course – in your impeccable de-luxe junior suite, all open-plan with soft, cream furnishings and a private balcony facing Lake Garda.

Next stop, the dining room. Turns out, there's something incredibly pleasurable about hitting up a fine lunch buffet in little more than a dressing gown. Especially when it's among the olive and lemon groves of this lush eco-sanctuary overlooking the famed lake. The spa next, where clearly there's no need for clothes. A decadently tranquil world of saunas, pools and restful rooms with a striking water and fire theme, it's got its own darkened 'cave' containing a shallow pool with waterbeds protruding from the surface. There's also a vibrant Moroccan-style grotto with incense, filled with colourful floor pillows and partitioned by netted curtains; plus exclusive access to a sensual, sunken Salt Lake.

It's clothes back on for dinner, we're afraid, but after feasting on beautifully executed Mediterranean cuisine at gourmet La Grande Limonaia, we're sure you'll agree it's worth the effort.

All the rooms at Lefay Resort feel like they're on the lake - despite being miles above it