THE WORLD SO THE W

FEBRUARY | MARCH 2020

OUR SPRING TRAVEL GUIDE

CHERRY BLOSSOMS IN JAPAN

PORTUGAL'S

MINT JULEPS IN KENTUCKY

TIME FOR REFLECTION: Find yourself in Italy's Lefay Resort & Spa Dotomiti.

THE RISSUE

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SPA STAYS | WELLNESS CRUISES | NATURE RETREATS | BOOT CAMPS & BEYOND





aurus - the bull - can be stubborn. But that fervent quality equally appears as loyalty, faithfulness, and devotion. This earth sign also embraces sensuality and a love of comfort, luxury, and pleasure. Indulge your sybaritic leanings at one of the many hotel and cruise-line spas devoted to extreme pampering. Visit Spa Botánico at Puerto Rico's Dorado Beach, a Ritz-Carlton Reserve to design your own aromatherapy from its herbal apothecary, get a treehouse hammock massage, or bathe in pools shrouded by tropical

plants. On Celebrity Cruises' voyages, spend shipboard days detoxing in an aromatic steam room and **herbal sauna** at the line's Canyon Ranch spa.

you'll Also Love: Seek spa pampering at the 88-room Lefay Resort & Spa Dolomiti in Pinzolo, Italy, where an individualized course of sauna baths, saltwater-lake immersions, and plunges in ice and heated pools is designed to balance your energy. Doubles from \$355; Virtuoso travelers receive breakfast daily, a 50-minute massage, and a complimentary dinner.