

TRAVEL OFTEN · LIVE WELL

TRAVEL MAGAZINE

DRIFT



HEALING WELLNESS TRAVEL
SELF-CARE FOCUSED DESTINATIONS

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TRAVEL TRENDS FOR THE TIMES

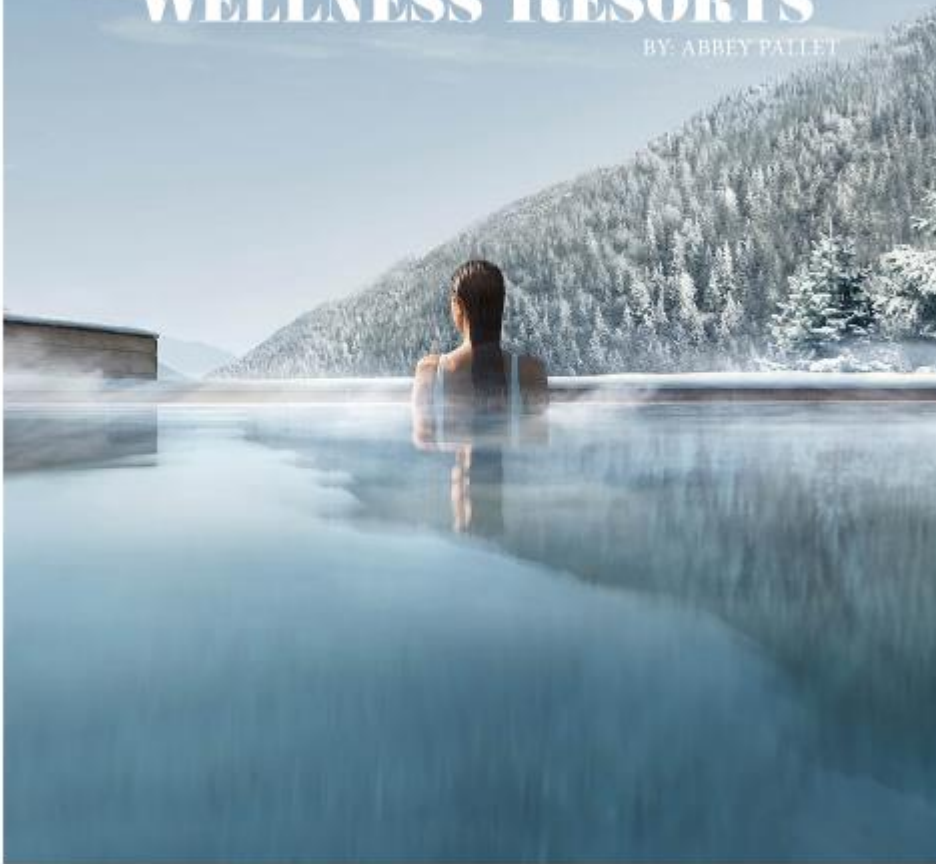
THE BRILLIANT SURI
CAPTURING YOUTH IN ETHIOPIA'S ANCIENT TRIBE

WINTER 2021

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2021 FIVE FABULOUS WELLNESS RESORTS

BY: ABBEY PALLET



The Year 2020 will go down in history as a doozie, filled with lots of ups and downs. Everyone was affected in some WAY by COVID-19. With a vaccine on the horizon, travel in 2021 is set to be an anticipated return to (some degree of) normality, with many of us craving travel and definitely deserving of a true wellness retreat.

From a self-care retreat in a stunning Italian setting, to a state of the art full detox in Britain, or a pamper filled retreat to a world class wellness resort in Spain, Scotland or Mexico, our carefully curated list provides a destination for anyone craving meaningful renewal and serenity.



Lefay Resort & Spa Dolomites, Italy

Not far from Romeo and Juliet's Verona lies Lefay Dolomites; a state-of-the-art rejuvenation retreat with an intrinsic focus on wellness. Surrounded by crystal lakes, lush forests and snow capped Dolomite Mountains, this exquisite escape has a specific program designed to unlock optimal health and beauty. With world class therapies including HydraFacial MD treatments, oxygen therapy intraceuticals and a chestnut flowers scrub with alpine salt and traditional alpine butter. They say that Lefay is for anyone who still wishes to be surprised and who loves to get lost and then find themselves again

Lefay Spa is known for its signature treatments, created by combining traditional massage techniques with the stimulation of body points and energy meridians.

dolomites.lefayresorts.com

