

# CENTURION

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SPRING 2020





Mountain views from the elevated deck at Lefay Resort

## Lefay Resort & Spa Dolomiti ITALY

Located near the deservedly renowned Madonna di Campiglio ski pistes, Lefay's second resort provides premium access to the exhilaration of the slopes alongside the wealth of wellness amenities available. Next to the 88 suites and 22 residences is the four-level, 5,000sq m spa, one of the largest in the Alps. On one floor, 20 cabins provide treatments blending Chinese medicine and Western techniques with "energy circuits" designed

to find the exact method to rebalance each individual; an indoor/outdoor pool, heated all year round fills a second; and on a third is a 24-hour gym. But it is the fourth level that really catches the eye. Emanating from a magnesium salt-enriched central whirlpool, the Energy Therapeutic World comprises four separate areas – Green Dragon, Red Phoenix, White Tiger and Black Tortoise – each distinguished by different levels of temperature and humidity and an emphasis on different branches of phytotherapy

(treatments involving a broad variety of plants). All this is complemented by a fine-dining philosophy in the Grial restaurant that prizes the finest local ingredients as well as a property-wide commitment to sustainability.

*lefayresorts.com*