



RESORT & SPA LAGO DI GARDA

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*Lefay Resort & SPA Lago di Garda is located in Gargnano in the heart of the spectacular and renowned “Riviera dei Limoni”. The Resort is the first to be awarded the prestigious 5-star superior rating on Lake Garda and is situated in 11 hectares of natural park overlooking the lake.*



# SUITES

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*The suites are designed according to the innovative Lefay wellness concept in order to capture the sensation of nature right into the room: wide spaces (from 50 sqm), natural fabrics and local precious materials including Italian marbles, olive tree wood and Italian walnut wood blend seamlessly with advanced technologies.*

## **ROYAL POOL & SPA SUITE**

*From 350 to 600 sqm*

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The Royal Pool & SPA Suite overlooks a private garden and a private Infinity pool with spectacular views of the lake, and in addition to the spacious interiors (up to 600 sqm), offers unique services such as a Private SPA area and a dedicated Concierge service.



## **SKY SUITE**

*134 sqm*

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The Sky Suites offer a panoramic view of Lake Garda, privacy and a luxurious space for relaxation. They feature a large living room, a private sauna and an outdoor Jacuzzi® on a terrace suspended between lake and sky.



## EXCLUSIVE SUITE

83 sqm

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The Exclusive Suites offer the freedom of a private living room, the pleasure of a Jacuzzi® overlooking the lake and a series of exclusive services.



## FAMILY SUITE

73 sqm

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The Family Suite is the best solution for those who want to enjoy a holiday with their children or for those who need two bathrooms and two separate bedrooms within the same suite.



## DELUXE JUNIOR SUITE

50 sqm

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The Deluxe Junior Suites are located on the first floor and feature a private balcony from which you can admire the beautiful view of the lake.



## PRESTIGE JUNIOR SUITE

50 sqm

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The Prestige Junior Suites are located on the ground floor and overlook the garden, for unforgettable moments of relaxation and wellness.



FEATURES & AMENITIES	PRESIGE & DELUXE J.S.	FAMILY SUITE	EXCLUSIVE SUITE	SKY SUITE	ROYAL POOL & SPA SUITE
Terrace or balcony with lake-view	V	V	V	V	V
Bio-climatisation	V	V	V	V	V
Wardrobe room	V	V	V	V	V
Marble bathroom with bathtub, shower, separate WC and bidet	V	V	V	V	V
Minibar with soft drinks and dry snack	V	V	V	V	V
Safe	V	V	V	V	V
49" LED TV 4K with over 130 channels, Sky, Pay-TV and Google Chromecast	V	V	V	V	V
Lefay SPA Bath Line	V	V	V	V	V
Illy® coffee machine and selection of herbal infusions, teas and coffees	V	V	V	V	V
SPA Kit with bag, bathrobe and flip flops	V	V	V	V	V
Free Wi-Fi	V	V	V	V	V
Twice daily Housekeeping service	V	V	V	V	V
Complimentary mineral water	V	V	V	V	V
Digital newspapers and magazines	V	V	V	V	V
Fresh apples	V	V	V	V	V
DVD/Blu Ray player	On request	On request	On request	On request	V
43" LED TV 4K with over 130 channels, Sky, Pay-TV and Google Chromecast		V			
55" LED TV 4K with over 130 channels, Sky, Pay-TV and Google Chromecast			V	V	
65" LED TV 4K with over 130 channels, Sky, Pay-TV and Google Chromecast					V
Exclusive private living room area			V	V	V
Marble bathroom with double sink, shower and separate WC and bidet			V	V	V
Jacuzzi® with lake view			V		V
Outdoor heated Jacuzzi® with lake view				V	
VIP Welcome			V	V	V
Daily fresh fruit selection			V	V	V
Walk-in wardrobe room			V	V	V
Private fully furnished garden with heated lake view Infinity Pool (12m)					V
Dining area up to 8 people with fully furnished kitchen area					V
Private SPA					V
Hi-Fi B&W® Zeppelin Air® audio system with iPod® docking station					V
Perimeter Security System					V
Personalised VIP Welcome					V
Bar area with a selection of the finest wines and spirits (extra charge)					V
In-room dedicated SPA & Room Service Menus					V
Lefay SPA complimentary bathroom amenities "Tra Suoni e Colori"					V



# LEFAY SPA

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*The heart of the Resort is the SPA: an exclusive temple of wellness extending over 4,300 sqm, where body and soul are rejuvenated through the rediscovery of the most genuine emotions and harmony with oneself.*

## LEFAY SPA METHOD

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The Lefay SPA Scientific Committee has created an innovative wellness method that stems from the blending of Classical Chinese Medicine with Western scientific research. This union is the basis of the Lefay SPA Method Health Programmes, customised according to individual needs, to achieve a complete mental and physical wellness with various objectives: weight, relieving stress, getting into physical shape and assisting posture, treating insomnia, combating the signs of ageing and detoxifying the body.

### HEALTH PROGRAMMES:

*Discovery 3 nights*

*Detox, Weight, Beauty of Body and Mind, Sleep, Fitness, Antistress, Immune System and Intestine, Longevity from 5 and 10 nights*

## WORLD OF WATER AND FIRE

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### POOLS

*Indoor and outdoor heated pool*

*25 metres homologated training heated pool (open April-October)*

*"Fonte Roccolino" whirlpool, warm water (open April-October)*

*"La Luna nel Lago" salt-water pool (entrance for a fee)*

6 SAUNAS

5 RELAX AREAS

## ADULTS ONLY SPA

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*Panoramic whirlpool*

*Finnish panoramic sauna*

*Aquamoon – Waterfall shower*

*2 Fitness rooms*

*Relax area*

## FITNESS

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The Fitness area consists of a large gym overlooking the lake, equipped with Technogym®'s latest equipment (open 24h).

## THE PARK

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The activities which are integral to the Lefay SPA Method, are held amongst the age-old trees and Mediterranean shrubs. Directly overlooking the lake, the Resort's large park comprises a running circuit, a Sky Fitness trail with eleven stations to improve muscle elasticity and the therapeutic energy garden, consisting of five stations associated with ancient symbols and meanings.

## TREATMENTS

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### Signature

Lefay SPA treatments have been created combining traditional massage techniques to stimulate energy points and meridians and are tailor-made for the individual's physical and mental state, for a deep and long-lasting result. The Signature offer includes: energy massages, energy aesthetic rituals for the face and body and special treatments using perfumes and essences from the local area.

### Medical

Lefay SPA offers specialist medical advice and therapies in the fields of Western medicine, natural medicine, osteopathy and physiotherapy.

### Non-Invasive Aesthetic Medicine

The treatments are based on an approach to rejuvenation that guarantees effective, safe and harmonious results over time using non-invasive techniques and tools designed to improve skin blemishes. The Lefay SPA innovative energy aesthetic treatments, included in this section, are based on the use of acupuncture for aesthetic purposes.

### À la Carte SPA

A wide offering which includes Western massages, treatments and rituals of the different Eastern traditions such as Ayurveda, facials and body treatments of thalassotherapy, aesthetic services and hair SPA.

### For Couples

Rituals dedicated to couples in the exclusive Private SPA inspired by Greek mythology, to rediscover yourself in a sensual trip for two in the Lefay SPA World.





## FOOD & BEVERAGE

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*Lefay Vital Gourmet champions the Mediterranean diet and the most authentic flavours of the region. Seasonal ingredients, extra virgin olive oil, citrus fruits from the lake and locally grown herbs all create a quintessential and light cuisine.*

### LA LIMONAIA

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La Limonaia is the Resort's main restaurant and offers a magical view over the lake, evoking the scents of the citrus groves. The menu features flavours and colours to create dishes that give a nod towards the evolution of traditional Mediterranean cuisine.

CUISINE TYPE: *Mediterranean cuisine*

SERVICES: *Bužet breakfast – Lunch – À la carte dinner*

### GRAMEN

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The Gramen Restaurant features a terrace overlooking the lake with a unique view and its concept is based on the Mediterranean diet and the respect for the planet and ourselves. The two tasting menus are respectively inspired by the energy therapeutic garden, and the aquatic world respectively, with dishes based on freshwater and sea fish.

CUISINE TYPE: *Fine dining*

SERVICES: *Tasting path and à la carte menu*

### OTHERS

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#### **Lounge Bar:**

Soft lighting, live piano music and the best cocktails and international spirits create a sophisticated and seductive ambiance.

#### **Pool Bar:**

Spend a pleasant day by the pool, in an oasis suspended between the lake and the sky, sipping your favourite drink or enjoying a snack.

#### **Room Service:**

Room service is available 24 hours a day and features a dedicated menu.

#### **Cigar Lounge:**

An intimate setting that offers the best selection of cigars and spirits from all over the world.



# OTHER SERVICES

## LEFAY SHOP

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Lefay Shop sells the Lefay SPA "Tra Suoni e Colori" natural cosmetic line products for face and body, the new cosmetic certified oils, the herbal teas "La Brezza e i Fiori", the "Home Fragrance" line and the Lefay Vital Gourmet extra virgin olive oils. The Lefay Style items are also available.

## MEETING

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The Resort features a meeting room of 55sqm, equipped cutting-edge technology and natural light. The perfect location for unique events and meetings.

## OUR EXCURSIONS

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To discover the area at best, Lefay recommends the following excursions: visiting the towns of Gargnano and Salò, trekking in the Alto Garda Park, the Vittoriale degli Italiani, the André Heller Botanic Garden, opera at the Arena di Verona, a boat trip on Lake Garda and a visit to the organic producer of biodynamic wines.

## GARAGE

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The Resort offers a covered garage with valet parking service, free of charge.

## TRANSFER

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The Resort offers a free electric shuttle service to Gargnano from 10.00 am to 7.00 pm, subject to availability. Our reception is also happy to arrange taxis and private transfer services or assist Guests with car rentals.

## WI-FI

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The Wi-Fi coverage is available in the following areas: rooms, lobby, restaurants, bars, fitness area and at the Internet Point next to the reception. The service is free of charge.

# USEFUL INFORMATION

## CHILDREN

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To ensure that our Guests are able to get some peace during their stay at Lefay Resort & SPA Lago di Garda, the Resort welcomes only a limited number of children up to 11 years of age in dedicated rooms. We have a dedicated kids club for our smaller Guests, where we offer games and entertainment. Paolino's Club is open every day from 2.00 pm to 7.00 pm, within the SPA World, the Adults Only SPA is allowed only to adults (from the age of 16 years). Children are welcome at la Limonaia Restaurant, while the access to "Gramen" Restaurant is not permitted to children under the age of 10.

## SMOKING

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In order to maintain a comfortable environment, smoking is prohibited in suites and all public areas.

## PETS

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Some suites in our Resort have been specifically designed to welcome our four-legged friends.

Only small size dogs will be admitted (max 12 Kgs), travelling with an updated international health certification, showing microchip number and list of vaccinations. Dog admittance costs € 50,00 per day, per dog, and the availability of dog-friendly suites will be confirmed upon booking. Dogs will not be admitted into SPA, pools and "Gramen" restaurant.



## DIRECTIONS



Highway A4:  
from Venice exit Desenzano del Garda  
from Milan exit Brescia Est

Highway A22:  
exit Rovereto Sud  
Verona VRN: 88 km - 1 ½ hrs



Milan Bergamo BGY: 98 km - 1 ½ hrs  
Milan Linate LIN: 150 km - 2 hrs  
Milan Malpensa MXP: 183 km - 2 ½ hrs  
Venice VCE: 214 km - 3 hrs



Desenzano del Garda Station: 37 km - 45 min.  
Brescia Station: 50 km - 45 min.

## GDS ACCESS CODES

AMADEUS: PH VRNLR  
SABRE/ABACUS: PH 23585  
APOLLO/GALILEO: PH 94924  
WORLDSPAN: PH VRNLR  
PEGS ADS: PH 38193

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LEGEND

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