

## LEFAY RESORT & SPA LAGO DI GARDA

Lefay Resort & SPA Lago di Garda, the first jewel of the Lefay Resorts Collection, is located in Gargnano and is immersed in a 11 hectares natural park in the heart of the spectacular and renowned “Riviera dei Limoni”, surrounded by gentle hills and natural terraces rich in olive trees and woods. The property, partner of the prestigious networks Preferred Hotels & Resorts, Legend Collection, Virtuoso, Fine Hotels & Resorts and Serendipians, was the first to be awarded the prestigious 5-star superior rating on Lake Garda and opened officially on 8<sup>th</sup> August 2008.

The resort was conceptualised minimising the environmental impact, thanks to a perfect architectural integration into the surrounding countryside and latest-generation technologies able to reduce the energetic consumption. Lefay Resort & SPA Lago di Garda, first tourism facility in southern Europe to obtain the prestigious environmental certification of Green Globe, is CO<sub>2</sub> free: since 2013 in fact, the resort has been completely offsetting its carbon emissions thanks to internal practices and through the purchase of CERs credits.

The 96 Suites feature natural fabrics, precious materials including Italian marbles and olive tree woods. They offer an amazing lake view and are divided into six categories: 41 Prestige Junior Suites (50 sqm/540 sqft on the ground floor); 43 Deluxe Junior Suites (50 sqm/540 sqft on the first floor with balcony); 4 Family Suites (73 sqm/790 sqft with two bedrooms and bathrooms); 4 Exclusive Suites (83 sqm/895 sqft featuring Jacuzzi® with a lake view and a private living room), 3 Sky Suite (134 sqm/1442 sqft with private terrace and external heated lake-view Jacuzzi®) and the great Royal Pool & SPA Suite (up to 600 sqm/4,640 sqft, offering three bedrooms, a spacious walk-in wardrobe, dining room up to 8 persons and equipped kitchen, marble bathroom featuring Jacuzzi® with a lake view, Private SPA with treatments zone, infrared sauna, steam sauna and shower with chromotherapy, relaxation area and private garden with heated chlorine-free Infinity Pool with lake-view).

## LEFAY SPA LAGO DI GARDA

Lefay SPA Lago di Garda is an exclusive temple to wellness of more than 4,300 sqm (46,284 sqft), where mind and body are regenerated through the rediscovery of genuine emotions and a sense of inner harmony. Here wellness is everywhere: in the sunlight that streams through the large windows, in the wonderful gardens, in the water of the swimming pools and in the magical atmosphere that envelops everything. Lefay SPA Lago di Garda is divided into three areas: the "World of Water and Fire", which includes all areas connected to swimming pools, saunas, grottos and small lakes; the "Fitness" area, which consists of a 24-hour fitness centre composed by a gym equipped with the latest Technogym® Artis Line and a large room overlooking the lake and "In Silence and Among the Stars: Trilogy in the Air", where man and nature are close to each other. Here, In the wonderful 11-hectares natural park that surrounds the resort, three different trails have been created: the Energy and Therapeutic Garden with five energetic stations based on the principles of Classical Chinese Medicine; the Running Circuit and the Sky Fitness Path for outdoor activities. In April 2022, the Adults Only SPA area has been inaugurated, a new peaceful oasis dedicated exclusively to adults, where they can revive themselves in bright spaces with unique views.

The Lefay SPA Scientific Committee has developed Lefay SPA Method, an innovative wellness method that stems from the blending of Classical Chinese Medicine with Western scientific research to restore the Guests' body, soul and spirit balance. At the beginning of 2022, Lefay SPA Method unveiled important innovations, introducing an opportunity for deep change that begins before the holiday, develops during the stay and follows the Guest even after his or her return to daily life. Lefay SPA Method Health Programmes, customised according to individual needs, aim to achieve a complete sense of psycho-physical well-being, pursuing different objectives: stress relieving, curing insomnia, strengthening the immune system, body detoxification, weight loss, getting back into shape, reducing the signs of aging and longevity.

Lefay SPA treatments have been created combining traditional massage techniques to stimulate energy points and meridians and are tailor-made for the individual's physical and mental state, for a deep and long-lasting result. The Signature offer includes energy massages, energy aesthetic rituals for face and body, the special section "Perfumes of the Lake" and non-invasive aesthetic medicine treatments.

Lefay SPA also offers a medical section for consultations and treatments in the fields of Western and natural medicine, massage and physiotherapy and osteopathy and a rich menu of à la carte proposals: Western and Eastern massages, thalassotherapy, treatments carried out using innovative aesthetic equipment and the two enchanting Private SPAs for couples.

All treatments are carried out using the Lefay SPA "Tra Suoni e Colori" cosmetic line, created in accordance with the principles of nutricosmetics; a "smart" product line that combines nature and science with a visible and immediate effect. Products can be purchased in the Lefay SPA Shop and online at [le fayshop.com](http://le fayshop.com).

#### LEFAY VITAL GOURMET

"Even food may become food for the soul". We believe that food is an integral part of a wellness path, therefore Lefay Vital Gourmet privileges its health aspects combining fresh ingredients and creativity. A culinary concept which champions the Mediterranean diet, where extra virgin olive oil plays a fundamental role. Part of this philosophy is the Lefay SPA Menu, created in collaboration with the Lefay SPA Scientific Committee; slightly low-calorie and low sodium, the dishes have detoxifying properties and are prepared with cooking methods that do not excessively stress the digestive system.

A concept based on five principles: Mediterranean diet, seasonality, Italian spirit, ethics and privilege of local suppliers. The Michelin-starred Executive Chef Matteo Maenza applies these values in the Mediterranean recipes of "La Limonaia" restaurant and in the fine dining restaurant "Gramen" where it is possible to rediscover the bond between man and nature.

#### GRAMEN

The Gramen Restaurant features a terrace overlooking the lake with a unique view and its concept, signed by the Michelin-starred Executive Chef Matteo Maenza, is based on the Mediterranean diet and the respect for the planet and ourselves. The two tasting menus are respectively inspired by the energy and therapeutic garden, and the aquatic world respectively, with dishes based on freshwater and sea fish.

Services: dinner, also open to external Guests.

## "LA LIMONAIA" RESTAURANT

Light and airy in design, the restaurant is reminiscent of the traditional lemon-houses that surround Lake Garda. Here, Mediterranean-inspired cuisine is served offering a contemporary twist on Italian classics.

Services: for Resort Guests only, breakfast, lunch and dinner.

## OTHERS

### Lounge Bar

Soft lighting, live piano music and the best cocktails and international spirits create a sophisticated and seductive ambiance surrounded by the beautiful sunset over the lake.

### Pool Bar

Spend a pleasant day by the pool, in an oasis suspended between the lake and the sky, sipping your favourite drink or enjoying a snack.

### Cigar Lounge

An intimate setting that offers the best selection of cigars and spirits from all over the world.

### Meeting

The Resort features a dedicated meeting area, characterised by a large foyer and a fully equipped spacious 55-sqm room, flooded with natural light thanks to large windows.

## SUSTAINABILITY

"Personal wellness should never overlook environmental wellness". One of the goals of Lefay Resorts is to minimise its environmental impact, both during the construction phase and the management process. The resort is inspired by lemon groves, typical buildings of the upper reaches of Lake Garda: the main services are located within the central body, from which the Suites spread out towards the side wings covered with vegetation, that makes it hard to distinguish them from the surrounding green area. The important investment in state-of-the-art technologies has resulted in a real power plant for the production of electrical energy, heating and cooling, composed by: biomass plant, micro-turbines cogeneration plant and absorption cooling system. Also, management software has been implemented to reduce energy and water consumption, together

with a careful environmental policy towards waste disposal and Guests' awareness. Finally, to increase the level of energy self-sufficiency and have a positive impact on the environment and the company's finances, a new photovoltaic system was installed on the roof of the building in 2023, without any impact on the surrounding green areas.

Today, the percentage of renewable energy sources is around 85%. Thanks to the use of renewable resources as well as innovative technologies, the resort has cut its CO<sub>2</sub> emissions by 1,130 tons per year. Since 2013, with the Lefay Total Green Project, the property has been offsetting the residual quota of carbon emissions in compliance with the Kyoto Protocol, to contribute to the realisation of projects that permit the reduction of CO<sub>2</sub> emissions and other greenhouse gases.

## CERTIFICATIONS

### TOP EMPLOYERS ITALY

Since 1991, this organisation has been certifying corporate excellence in Human Resources at a global level and this year it has once again included Lefay Resorts & Residences among the companies certified as Top Employers Italia 2025, after obtaining the certification for the first time in 2022 and confirming it for 2023 and 2024. This certification is very prestigious because only the most virtuous companies in terms of working conditions, benefits, career plans, investments, training and development and HR policies focused on professional and personal growth are considered worthy of this recognition.

### GREEN GLOBE PLATINUM STATUS

Located in California, USA, and represented in over 83 countries worldwide, is the first programme to have developed international reference standards for properties operating in the wellness industry. In 2018 the resort was also awarded with the Gold Status, marking five consecutive years of certification. In 2025, having been certified for ten consecutive years with the highest quality standards, the resort was awarded the Platinum seal.

### ISO 14001 – ISO 9001 – ISO 14064 CERTIFICATIONS

Environmental certification ISO 14001, for the “Design and management of architectural

solutions for innovative and eco-compatible structures” phase; ISO 9001 quality certificate and the ISO 14064, which certifies the analysis of the Resort's CO<sub>2</sub> emissions carried out by the Italian Ministry of the Environment.

## AWARDS

### 2025

Luxury Spa Edit Awards 2025: “Best Spa Retreat Europe”

### 2024

World Luxury SPA Awards 2024: “Best Luxury Sustainable Spa” in Southern Europe, “Best Detox Program” in Italy, “Best Luxury Holistic Spa” in Italy

World Luxury Hotel Awards 2024: “Best Luxury Healing Retreat” in the World, “Best Luxury Spa Retreat” in Southern Europe, “Best Luxury Sustainable Resort” in Italy

European Health & SPA Award: “Best Destination SPA” in Europe

European Health & SPA Award: “Best Premium Signature Treatment” to “Il Volo dell’Angelo”

Guida Michelin per gli hotel: una “Chiave Michelin” a Lefay Resort & SPA Lago di Garda

World SPA & Wellness Awards: “Sustainable Spa of the Year”

Luxury Spa Edit Awards 2024: Top 3 “Best Global Spa Retreat” 2024

Condé Nast Traveller Readers’ Choice Awards 2024: “World’s Top 20 SPA Destinations”

### 2023

Traveller’s World Awards: Top 10 “Best Spas/ Health Retreats in the World”

World Luxury Hotel Awards: “Best Luxury Spa Hotel” in the World, “Best Luxury Scenic View Hotel” in Europe

World Luxury SPA Awards: “Best Luxury Sustainable Spa” in the World

Guida „Ristoranti d’Italia 2024 “Gambero Rosso: „Due Forchette” al ristorante Gramen

European Health & SPA Award: “Premium Destination SPA”

European Health & SPA Award: “Best SPA Innovation” with Lefay SPA Method “Immune system and intestine” Health Programme

Preferred Hotels & Resorts GIFTTS Pineapple Awards: “Overall Corporate Social Responsibility”

World SPA & Wellness Awards: “Sustainable Spa of the Year”

Elite Traveller: “Top 100 Suites in the World” to the Royal Pool & SPA Suite

LUXlife Magazine: “Best Luxury Wellness Retreat”

### 2022

Guida „Ristoranti d’Italia 2023 “Gambero Rosso: „Due Forchette” al ristorante Gramen e “Miglior

Proposta Vegetariana" al menù "Per Agros" del Ristorante Gramen  
European Health & SPA Award: "Best SPA Destination"  
European Health & SPA Award: "Best SPA Innovation" with Lefay SPA Method "Longevity" Health Programme  
World Luxury Hotel Awards: "Luxury Spa & Healing Retreat" in Europe  
World Luxury SPA Awards: "Best Detox Program" in the World  
Condè Nast Traveller Readers' Choice Awards: "World's TOP 30 SPA Destinations"  
European Health & SPA Award: "Best SPA Destination"

## 2021

World SPA & Wellness Awards: "Worldwide Health & Wellness Destination of the Year"  
World Luxury SPA Awards: "Luxury Destination SPA" in Italy  
World Luxury Hotel Awards: "Luxury SPA & Healing Retreat" in Southern Europe  
Condé Nast Traveller Readers' Choice Awards: "World's TOP 30 SPA Destinations"  
International Travel Awards 2021: "Best Spa Resort in Europe 2021"  
Tripadvisor Travellers' Choice 2021  
Haute Grandeur Global Awards: "Best Eco Spa" in Italy

## 2020

Guida "Ristoranti d'Italia 2021" "Gambero Rosso: "Due Forchette" to La Grande Limonaia Restaurant  
World SPA & Wellness Awards: finalist as "Worldwide Health & Wellness Destinations"  
World Luxury Hotel Awards: "Luxury Hideaway Resort" in Europe  
World Luxury SPA Awards: "Luxury Destination SPA" in Italy  
European Health & SPA Award: "Best SPA Destination"  
Condé Nast Traveller Readers' Choice Awards: "World's TOP 30 SPA Destinations"  
Small Luxury Hotels of The World Awards: "Hotel of the Year"  
SPA Star Awards 2020: "Special Award"

## 2019

International Traveller Magazine: "Top 10 health retreats around the world"  
Finalist at the Condé Nast Johansens Awards for Excellence as "Best Destination SPA"  
Guida "Ristoranti d'Italia 2020" "Gambero Rosso: "Due Forchette" to La Grande Limonaia Restaurant  
Guida "I Ristoranti d'Italia 2020" L'Espresso to La Grande Limonaia Restaurant  
Haute Grandeur Global Hotel Awards, Lefay Resort & SPA Lago di Garda: "Best Country Hotel", "Best Eco Friendly Resort Europe", "Best Suite Hotel Europe", "Best Hotel View in Italy"  
Haute Grandeur Global SPA Awards, Lefay SPA Garda: "Best Destination SPA Europe", "Best Eco SPA Europe", "Best Health & Wellness SPA Italy"

Condè Nast Traveller readers' Choice Awards: "Top 30 SPA Destinations in the world"  
Wellness Heaven Awards: "Top 3 Best Locations in Europe"  
World Luxury SPA Awards: "Best Luxury Eco-SPA in Southern Europe"  
World Luxury SPA Awards: "Best Unique Experience SPA"  
World Luxury SPA Awards: "Best Luxury Destination SPA" in Italy  
European Health & SPA Award: "Best Destination SPA in Europe"  
European Health & SPA Award: "Best Signature Treatment" to "I Colori dell'Uomo"  
Italian SPA Awards: "Best Destination SPA in Italy"  
Tripadvisor Travellers' Choice Awards: "Top 25 Luxury Hotels in Italy"  
Tripadvisor Travellers' Choice Awards: "Top 25 Most Romantic Hotels in Italy"  
Guida "Ristoranti d'Italia 2019" Gambero Rosso: "Due Forchette" to La Grande Limonaia Restaurant  
Guida "I Ristoranti d'Italia 2019" L'Espresso: "Primo Cappello" to La Grande Limonaia Restaurant

## 2018

SLH Awards: Shortlisted Finalist "Most Sensational SPA"  
World Boutique Hotel Awards: "Europe's Most Sustainable Hotel"  
World Luxury Hotel Awards: "Europe's Luxury Eco Resort"  
Seven Stars Luxury Hospitality and Lifestyle Awards: Signum Virtutis a Lefay SPA  
Condé Nast Traveler Readers' Choice Awards: "Best 30 Resorts in Europe"  
Condé Nast Traveller Readers' Travel Awards: "Top 20 SPA Destinations in the world"  
World Luxury SPA Awards: "Best Unique SPA Experience" in Southern Europe  
World Luxury SPA Awards: "Best Luxury Destination SPA" in Italy  
World Travel Awards: "Europe's Leading Green Resort"  
European Health & SPA Award: "Best SPA Destination"  
European Health & SPA Award: "Best Signature Treatment"  
"First Place in the Top 10 SPAs in the World" Traveller's World Awards  
Tripadvisor Travellers' Choice Awards: "Top 25 Luxury Hotels in Italy"  
Guida "Ristoranti d'Italia 2018" Gambero Rosso: "Due Forchette" to La Grande Limonaia Restaurant  
Guida "I Ristoranti d'Italia 2018" L'Espresso: "Primo Cappello" to La Grande Limonaia Restaurant

## 2017

World Boutique Hotel Awards 2017: "World's Best Wellness SPA"  
Small Luxury Hotels Awards: "Most Sensational SPA"  
Condé Nast Traveler Readers' Choice Awards: "Top 30 Resorts in Europe"  
World Travel Awards: "Europe's Leading Green Resort"  
World Luxury SPA Awards: "Best Luxury Eco-SPA"  
European Health & SPA Award 2017: "Best Destination SPA"  
Prime Traveller Awards 2017: "Best Wellness Clinic"

Tatler SPA Awards 2017: "Best for East-West Fusion"

Primo Posto nella classifica "Top 10 Hotel Ecoleader Platinum" in Italia ed Europa di Tripadvisor  
Fine Hotels & Resorts by American Express "Most Innovative Sustainable Hotel"

Traveller's World Magazine: "Top 10 Destination SPAs in the World"

Tripadvisor Travellers' Choice Awards: "Top 25 Luxury Hotels in Italy"

Condé Nast Johansens Excellence Awards: "Best for Couples"

Guida "Ristoranti d'Italia" 2017 Gambero Rosso: "Due Forchette" and special prize "Gusto e Salute"  
(Taste & Health)

Guida "I Ristoranti d'Italia" 2017 L'Espresso: primo "Cappello" to La Grande Limonaia Restaurant

## 2016

European Health & SPA Award 2016: "Best Signature Treatment"

World Luxury SPA Awards 2016: "Luxury Destination SPA"

Connoisseur Circle Hospitality Awards 2016: "Best SPA Hotel"

World SPA & Wellness Awards: "Worldwide Health and Wellness Destination"

Tripadvisor Travellers' Choice Awards: "Top 25 Luxury Hotels"

Condé Nast Johansens Excellence Award: "Best SPA Facilities"

Guida "I Ristoranti d'Italia 2016" L'Espresso: primo "Cappello" to La Grande Limonaia Restaurant

## 2015

Spafinder Wellness Travel Awards: "Country Awards – Best SPA in Italy" and "Best for Mind & Spirit"

Spa Traveller Awards: "Best SPA Resort (more than 50 rooms) in Italy" and "Most Effective De-Stress Programme"

World SPA & Wellness Awards: "Resort SPA of the Year: Western Europe & Scandinavia"

Condé Nast Johansens Excellence Award: "Best Destination SPA Europe & Mediterranean"

Tripadvisor Travellers' Choice Awards: "Top 25 Hotels", "Top 25 Luxury Hotels" and  
"Top 25 Romantic Hotels"

Guida "I Ristoranti d'Italia 2015" L'Espresso: primo "Cappello" to La Grande Limonaia Restaurant

## 2014

Condé Nast Traveller Readers' Choice Travel Awards: "20 Top Destination SPA" and  
"World's Best 100"

Trip Advisor Greenleaders: Platinum

European Health & SPA Award: "Best SPA Treatment in Italy" a La Vita nei Sensi

Expedia® Insiders' Select™ 2014

CNN: "9 Deluxe Weight Loss Vacations"

Tripadvisor Travellers' Choice Awards: "Best Luxury Hotels" and "Most Romantic Hotels"

Trivago Hotel Award: "Best Hotel in Lombardy"

## 2013

European Health & SPA Award: "Best Destination SPA"

Spafinder Readers' Choice Awards: "Favourite SPA in Europe" e "Favourite SPA in Italy"

Small Luxury Hotels of the World: "Hotel of the Year"

Condè Nast Traveller Readers' Choice Travel Awards: "20 Top Destination SPA"

Expedia® Insiders' Select™ 2013

Green Good Design Award: "Green Architecture"

Busche SPA Diamond Award: "International SPA Resort"

World Luxury SPA Awards: "Best Luxury Destination SPA" e "Best Luxury Wellness SPA"

## 2012

Spafinder Readers' Choice Awards: "Best Eco-SPA", "Best Accommodations" e "Best Interior Design"

Best of the Best Virtuoso Awards: "Most Socially Responsible"

Condé Nast Johansens Excellence Award: "Most Excellent SPA Hotel Europe & Mediterranean"

## 2011

Spafinder Readers' Choice Awards: "Best SPA in Italy"

European Health & SPA Award: "Best Destination SPA" e trattamento Lefay SPA Derma di Luce finalista nella categoria "Best Facial Treatment"

## 2010

Gala SPA Awards: "Innovative SPA Concept"

Italian SPA Award: "Eco-SPA"

## 2009

Legambiente: "Premio Innovazione Amica dell'Ambiente"

### Resort Contacts:

Via Angelo Feltrinelli 136,  
25084 Gargnano (Bs)  
Tel. + 39 0365 241800  
res.garda@lefoyresorts.com

### Press Contacts:

Mirella Prandelli, Lefay Resorts  
Group PR & Communication Director  
Tel: + 39 0365 441748  
m.prandelli@lefoyresorts.com

### UK:

Hill & Dean PR  
Emma Hill / Tiggy Dean  
Tel: +44 208875 9923  
emma@hillanddeanpr.com  
tiggy@hillanddeanpr.com

### USA:

Tammy Peters  
Media Mixology  
Tel. 646.361.4922  
tammy@mediamixologypr.com